



JCS BREAKFAST



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Fruit 3 Juice Mini French Toast/ Syrup Cereal Toast/ Jelly  Milk	Fruit 4 Juice Bacon Bk. Sandwich Cereal English / Jelly Milk	Fruit 5 Juice Yogurt Cereal Muffin Milk	Fruit 6 Juice Sausage, egg & cheese wrap Cereal Toast/ Jelly Milk	Fruit 7 Juice Mini Pancakes Syrup Cereal Toast/ Jelly Milk
Fruit 10 Juice Bk. Pizza Hash brown Cereal Toast/ Jelly Milk	Fruit 11 Juice Bk. Parfait Cereal Muffin  Milk	Fruit 12 Juice Bacon & cheese on a bagel Cereal English / Jelly Milk	Fruit 13 Juice Waffles Syrup Cereal Toast/ Jelly Milk	Fruit 14 Juice Egg Bk. bowl Cereal Toast Jelly Milk
Fruit 17 Juice Fruit Smoothies Cereal Toast / Jelly Milk	Fruit 18 Juice Cheddar omelet Oatmeal Toast Jelly Milk	Fruit 19 Juice French Toast Syrup  Cereal Toast/ Jelly Milk	Fruit/ Juice 20 Bagel w/ cream cheese or WOW butter Cereal English/ Jelly Milk	21 NO SCHOOL 
Fruit 24 Juice Scrambled eggs Hash brown Cereal Toast / Jelly Milk	Fruit 25 Juice Pancakes Syrup Cereal Toast/ Jelly Milk	Fruit 26 Juice Egg & cheese on an English Cereal English/ Jelly Milk	Fruit 27 Juice Yogurt Cereal Muffin  Milk	Fruit 28 Juice Breakfast Pizza Hash Brown Cereal Toast/ Jelly Milk
Fruit 31 Juice Sausage gravy and biscuits Oatmeal Toast/Jelly Milk			Fresh fruit and vegetables used	Price: Students K-12 Free Adult: \$3.00 

BREAKFAST MENU IS SUBJECT TO CHANGE WITHOUT NOTICE





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pepperoni 3 grilled ch. pizza Side salad Fruit Milk <u>Dino-mite day</u>	Hamburger 4 On a bun Am. Cheese Smiles Vegetables Fruit Milk	Hot Ham and 5 Cheddar Sub Rice Vegetables Fruit Milk	Chicken 6 Nuggets Rice Vegetables Muffins Fruit Milk	Italian dunkers 7 Pasta Vegetables Fruit Milk National All Staff Appreciation Day
Popcorn 10 Chicken Rice Vegetables Muffins Fruit Milk	Tacos 11 L,T Wedges Rice Fruit Milk	Hot dog on a 12 Bun Pasta Salad Vegetables Fruit Milk	Chicken Caesar 13 Salad Bread sticks Fruit Milk	Tomato Soup 14 Toast cheese Sandwich Vegetables Fruit Milk
Hamburg 17 Gravy Potatoes Vegetables Corn muffins Fruit Milk	Meatball sub 18 Baked chips Vegetables Fruit Milk	Chicken patty 19 On a bun Smiles Vegetables Fruit Milk	Pizza Casserole 20 Side Salad Rolls Fruit Milk	
Hamburger 24 On a bun Am. Cheese Tots Vegetables Fruit Milk	Dino nuggets 25 Rice Vegetables Muffins Fruit Milk	Spaghetti with 26 Meat sauce Vegetables Bread sticks Fruit Milk	Turkey & gravy 27 Over Potatoes Vegetables Muffins Fruit Milk	Baked Mac & 28 Cheese w/ Ham Vegetables Biscuits Fruit Milk
Cheese or 31 Sausage pizza Vegetables Muffins Fruit Milk		Juice is offered daily along with fruit for grades 9-12 Sandwiches & Salads are made daily as part of the lunch options	All bread products are whole grain enriched Nondairy and Gluten Free options available	

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